

Evidence of Medical-related Skills Gained Through Volunteering

Use this log to record skills that are needed for medicine. This will be helpful for your UCAS Personal Statement and the topics may also come up at interview. Your examples should be specific and interesting, so anecdotal stories can work well. It's a good idea to also record reflections: what you learnt from each experience; what went well and what you might change next time.

Name:

School/College:

Email:

Commitment	Examples and Reflections	Dates:
Empathy		



Communication		
Team Work		
Resilience		



Desire to learn		
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Signature of student: _____ Date: _____

Signature of assessor: _____ Date: _____

