

IN MY DAY

Memories of isolation

Do you have older relatives or family friends with valuable memories to share?

Lockdown has meant millions of older people have had to spend time alone, away from family and friends, but for many of them it won't be the first time they have experienced isolation. Ask them to share their memories with you, and you could be published in a special Lockdown Collection.

What we would like you to do:

Chat with an older relative e.g. grandparent, great grandparent or family friend and ask them about times in their lives when they might have had to cope alone, and write it down as they talk. They might have experienced being an evacuee in wartime, faced emigration or quarantine during a childhood illness, or travelled alone.

Ask them questions about how they felt, and what they saw to jog their memories and put the experience into context – for example when it happened, where they lived, details about other members of their families.

How to submit your work:

You can send us a record of their memories as a narrative, a story, or a poem. It must be no more than 1500 words and submitted as a WORD document ONLY with your name, age on 1st September 2020 and school/college at the top of the document. The file name must be the name and age of the applicant, and emailed to mail@kibmail.co.uk.

A selection of the best submissions will be edited and published in a book that will be on sale in early autumn online through Kissing it Better and the Stratford Literary Festival websites, and made available to school libraries, public libraries and care homes.

The Small Print:

Submissions must be in Word only. We cannot accept pdfs, shared Google docs or odt files. Content must not contain any material that is offensive or libellous, or of an unsuitable nature. We regret we cannot accept images.

As we anticipate a large number of entries, we will only be able to publish a selection. We regret we cannot enter into correspondence with you if your entry was not selected for publication.

Submissions emailed after the deadline will not be accepted.

**Open to students
age 13+**

Deadline:
12 noon Thursday 1st September 2020

The project will be accepted as the volunteering element of the Duke of Edinburgh Award.

**Kissing
it Better**



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